Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Introduction to Psychology

DIAGNOSTIC EXERCISE

1. Why did you decide to take this class?
2. What kinds of things/topics do you want to learn about in Psychology? Circle all that apply.
   1. “Abnormal” Psychology *(psychological disorders, i.e. depression, schizophrenia, eating disorders, etc.)*
   2. Adolescence *(that time between childhood and adulthood—what goes on, how it impacts us later in life, etc.)*
   3. Developmental Psychology *(how babies, children, teenagers, and adults grow cognitively and otherwise)*
   4. Emotions
   5. Gender development
   6. How the brain impacts behavior
   7. How culture impacts behavior
   8. How we learn
   9. Memory *(how it works, how it impacts us individually and societally)*
   10. Parenting Styles *(the different ways people can parent and how that may impact a child)*
3. From the list above, is there 2-3 topics that you are MOST interested in learning about, and if so, which ones?
4. What are 2-3 things you think influence why people are the way that they are? *You may use bullet points.*
5. Watch the short biography about Barack Obama. As you watch ask yourself, what things do you impacted Obama’s actions? Please briefly write your thoughts in the space below. Use the back if you need more writing space.

<https://www.biography.com/video/barack-obama-mini-biography-10982467772>